



Dave Kovar

Martial Artist. Successful Social Entrepreneur. Health & Fitness Advocate. Elite Athlete. Teacher. Speaker. Author.

Dave Kovar helps companies through talks on Leadership, Sustaining High Performance, and Building Your Best Team Ever. Not your typical Keynote.

Dave Kovar, known throughout the martial arts world as **“the undisputed teacher of teachers,”** is now available to share his Black Belt Mindsets, leadership experience, and practical business wisdom with your organization via his bespoke talks and keynotes. Kovar delivers — your people will walk away energized and ready to apply what they have learned for big results.

40+
years of experience

150+
speaking engagements

500+
coached businesses

300+
Instructor and business seminars in over 9 countries

Previous Clients



Areas of Expertise:

- **Leadership Motivation and Management** for Self and Team Development.
- **How to Sustain High Performance** in daily life, professional settings, and the workplace.
- **Team Building and Teamwork**, through proper Hiring, Training, and Feedback.

SOCIAL STATS

49K

podcast downloads

130K+

social media followers

BEST TALKS

Leadership Mindset

This interactive talk focuses on the Black Belt Mastery Mindsets. Participants will learn how to apply these mindsets to enhance their leadership ability, health, relationships, and overall productivity. They'll leave with a new set of tools to help them excel in every aspect of their life, as well as a renewed appreciation for all the opportunities that their careers and lives are offering them.

Samurai Wisdom

The Samurai Lifestyle is based on Bushido—"The Warrior Code of the Samurai." Dave's Samurai Lifestyle keynote takes a holistic approach—personal habits and daily disciplines affect one's success in business and relationships, and throughout life. Participants will learn easy-to-implement strategies, based on time-tested principles, which will improve their health and vitality, productivity, and overall outlook.

Ideal Audiences:

- Teams and Organizations
- Universities and Colleges
- Business Owners

Talks are easily translated over many different types of industries and group dynamics!

TESTIMONIALS

...one of the most dynamic and motivational speakers I've ever heard.

Lance Farrell

Founder & CEO, Farrell's eXtreme Bodyshaping National Franchise

Dave Kovar is a world renowned speaker and Martial Artist. He has spoken at our annual UK client conference on more than one occasion and is a speaker than truly captures the audience with his wealth of knowledge and expertise. He is an expert in his field and we are looking forward to having him speak again in the future.

Matt Edginton

Managing Director at EFC UK & Ireland

I cannot thank you enough for your presentation last Saturday. Some people called it a real gift. Some people called it life-changing. It was both of those. Thank you for making me realize that I have more to give and that there are things I can do every day to be my best self and to live my best life.

You are a gift. Thank you.

Leogh Briscoe-Dwyer

R.Ph. NYSCHP

Dave Kovar was dynamic and inspirational but, most of all, he incorporated practical thinking into everyday life. His was one of the most influential keynotes our Association has ever experienced.

Lisa M. Voight

Pharm.D., BCPS, BCCCP—President, New York State Council of Health-system Pharmacists

CONTACT

email: dave.kovar@kovars.com

LinkedIn: [Dave Kovar](#)

instagram: [@HanshiDaveKovar](#)

www.DaveKovarLive.com

www.Kovars.com

www.KovarSystems.com